Handmade Soap

Ingredients

For 30 (depends on the size you want) soap pieces you will need:

- 4600 ml of filtered used oil
- 1250 ml of water (if the water in your area has many salts, preferably use distilled water)
- Spices such as cinnamon, nutmeg or aroma essential oils (optional)
- Plastic basin
- Wooden spoon
- Hand mixer
- Gloves
- Wooden or plastic cases
- 600 g caustic soda

Instructions

1. Start by pouring the water together with the spices, if you put, into the plastic basin.
2. Gradually add caustic soda, mixing with the wooden spoon. CAUTION! Pour caustic soda into the water and NEVER the opposite!
3. We stir the mixture gently for 15 minutes as the temperature is high.
4. After, gradually pour the oil while mixing. (If we use essential oils we add them to the oil, which should weigh 4600 ml with the essential oils)
5. Once you poured all the oil, mix with the hand mixer for 15 minutes until the mixture looks like cream.
6. Put the mixture in the cases and let it rest for two days.
7. After two days unload and cut into pieces.
8. Even though the soap looks ready, it's not! It takes two months for it to mature. More specifically, the caustic soda to be completely neutralized and turned into simple soda, harmless to the skin.